



## Children Grading Syllabus

| Grade                  | Basic Movements  | Ikkyo                   | Shiho-nage              | Irimi-nage   | Jiyuwaza                             | Others                               |
|------------------------|--|-------------------------|-------------------------|--|--------------------------------------|--------------------------------------|
| 14th Kyu (Yellow)      | <ul style="list-style-type: none"> <li>● Rocking Exercise</li> <li>● Kokyu Push and Rowing Ki-Ai Exercise</li> <li>● Forward Roll</li> <li>● Shikko</li> </ul> |                         |                         |  |                                      |                                      |
| 13th Kyu (Yellow-gold) | <ul style="list-style-type: none"> <li>● Tenkan</li> <li>● Irimi-Tenkan</li> <li>● Katatedori Aihanmi catch</li> <li>● Katatedori Gyakuhanmi catch</li> </ul>  |                         |                         |  |                                      |                                      |
| 12th Kyu (Orange)      | ● Backward Roll  | ● Katatedori Aihanmi    |                         |  |                                      | ● Kokyu-nage (Katatedori Gyakuhanmi) |
| 11th Kyu (Orange-gold) | <ul style="list-style-type: none"> <li>● Shomen-uchi</li> <li>● Yokomen-uchi</li> </ul>  |                         |                         |  | ● Katatedori Gyakuhanmi Tenkan Throw |                                      |
| 10th Kyu (Green)       |  |                         |                         | ● Katatedori Aihanmi   |                                      | ● Kokyu-nage (Katatedori Aihanmi)    |
| 9th Kyu (Green-gold)   |  |                         | ● Katatedori Aihanmi    |  | ● Katatedori Gyakuhanmi              |                                      |
| 8th Kyu (Purple)       |  | ● Shomen-uchi           | ● Katatedori Gyakuhanmi |  |                                      |                                      |
| 7th Kyu (Purple-gold)  |  |                         |                         | <ul style="list-style-type: none"> <li>● Katatedori Gyakuhanmi</li> <li>● Shomen-uchi</li> </ul> |                                      |                                      |
| 6th Kyu (Blue)         |  | ● Suwariwaza Shomenuchi |                         | ● Suwariwaza Shomenuchi  |                                      |                                      |

### Notes to Candidates:

1. Examinable techniques for grades 5th Kyu (Blue-gold) and above will follow those stipulated in the Adult Grading Syllabus.
2. Pre-requisites for Children and Adults are different for each grade. Kindly refer to the respective Grading Pre-requisites list for details.